

**PUNJAB ENGINEERING COLLEGE  
DEEMED UNIVERSITY  
CHANDIGARH**

**P.E.C. SPORTS PROGRAMME  
(OVERALL GENERAL CHAMPIONSHIP TROPHY)**

**PHYSICAL EDUCATION & SPORTS DEPARTMENT**

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## **PEC Sports Programme**

The Sports Programme at the Punjab Engineering College (Deemed University), Chandigarh is committed to promote healthy lifestyles among engineering students. By offering various programmes and services, the PE & Sports Department is dedicated to providing safe, enjoyable, and educational activities for students. Involvement in intra institute Sports does not require a high degree of skill, knowledge, or physical fitness. Only a sincere desire to participate and have fun is necessary. It is the goal of PE and Sports Department to provide every individual with the opportunity to participate and develop skills and interests in a friendly, competitive environment. The programme offers all participants the chance to improve their health, relax from work and study, and the opportunity to meet new people and socialize with others.

### **Objectives**

The objectives of the Sports programme of PEC are to provide:

- ❖ An opportunity of better health through satisfactory physical exercise;
- ❖ An opportunity for each participant to develop skills and interests which can serve them throughout their lifetime and enable them to live healthier and longer lives;
- ❖ An opportunity to develop sportsmanship and honesty in regards to rules, officials, and opponents;
- ❖ An opportunity to aid in the holistic development of participants;
- ❖ Assist in the fulfillment of the mission and goals of the PEC;
- ❖ And, offer a wide-range of activities for the Students and staff.

### **Risk Statement**

Participation in any Sports or Sporting event at PEC is purely voluntary and individuals participate at their own risk. Neither the PEC nor the PE & Sports Department of PEC will accept responsibility for injuries sustained while participating in Physical Education and Sports Department,

scheduled contests or activities. Participants should be aware of the possibilities of bodily injury and should understand that they are responsible for any and all costs arising out of injury or property damage caused by participation in activities.

### **Sports Programme**

Competitions/tournaments are organized on a team and individual basis in men's, women's and co-edu, categories. The following sports will be offered for the 2006-2007 session:

- 1. Football**
- 2. Volleyball**
- 3. Basketball**
- 4. Badminton**
- 5. Table Tennis**
- 6. Lawn Tennis**
- 7. Squash**
- 8. Chess**
- 9. Cricket**
- 10. Hockey**
- 11. Softball**
- 12. Power lifting/Bench Press Contest**
- 13. Athletics( Track & Field)**
- 14. Cycling**
- 15. Judo**
- 16. Swimming**
- 17. Mini - Marathon**

All participants in PEC Sports should check the Sports bulletin/Notice boards in Gymnasium and in front of auditorium or come in the Office of PE & Sports Department for announcements and schedules.

### **Structure of Team Sports Competition:**

Intra-Institutional competitions/ tournaments would be organized between teams of various Departments, Years (1st, 2nd, 3rd and 4th year), Groups (1st year group A, B,

C, D). For Inter-Departmental competitions sportspersons from the department of Metallurgical Engineering and Aeronautical Engineering would be clubbed together to field one team in different sports competitions.

### **Team Captains and their Responsibilities**

Each team that may be of department, year, group or independent should have a Team Captain who is elected or appointed/nominated to be the spokesperson for the team. This person shall act the liaison between their team and the PE & Sports Department of PEC. Matters affecting a team are communicated to the team captain who in turn is responsible for informing his/her team members.

Duties include:

1. Attend all meetings called by the PE & Sports Department of PEC and turn in a team entry form.
2. Know and enforce all eligibility rules governing participation, and submit a roster of all players' **names, mother/father's names , Student Identity (ID) numbers, branch and phone numbers** on his official eligibility form.
3. Stay in contact with the PE & Sports Department of PEC frequently to stay informed about upcoming events, game postponements, and rescheduled games.
4. Print clearly upon various score sheets the names and initials of all players participating in each game and assist the officials in obtaining correct names when changes in the line-up are made.
5. Be responsible for having teams be aware of schedule and assembled at least 10 minutes prior to game time.
6. Be familiar with the rules for each sport. Copies of rules can be picked up in the Office of PE & Sports Department of PEC or concerned Coach.
7. Notify the PE & Sports Department of PEC immediately of any conflicts with game schedules that may arise.
8. Make every effort to see those individuals representing his/her team, players, and spectators **PLAY** and **ACT** according to the rules of the game, and conduct themselves in a **SPORTSMANLIKE** manner; thereby promoting fair play in all sports.
9. Act as a spokesperson to officials and administrators concerning all disputes.

Experience has proven that the most successful teams are the ones with

effective and active team captains. **Good teams and team captains usually go hand in hand.**

## **Sportsmanship**

Part of the philosophy of the PEC Sports Programme is that sportsmanship is an integral part of the conduct of every event. The rules of fair play and sportsmanship must be adhered to closely in all Sports events. A good sport is expected to be fair, courteous, positive, and accept results gracefully. All individuals and teams participating will be expected to comply with the spirit, as well as the letter of the rules that govern all competitive situations. In order to encourage proper conduct during contests, officials, supervisors, and administrative personnel will make decisions whether to warn, penalize, or eject persons or teams displaying poor sportsmanship. INSTANCES OF POOR SPORTSMANSHIP WILL BE DEALT WITH SEVERELY AND QUICKLY. The team captain is the only person that is allowed to talk to the officials, and in a polite and courteous manner. Participants who have been ejected from a contest will have an automatic one game suspension from play and cannot participate until he/she meets with the Head of PE & Sports Department of PEC or the designated official. The Head of PE & Sports Department of PEC or designated official may choose to enforce strict consequences for flagrant misconduct. Teams are responsible for the actions of their spectators as well as their players and will be liable for any unsportsmanlike conduct on their part.

## **The Overall General Championship Point System**

The overall General Championship Point System shall be used to award an overall General Championship Trophy to the Department whose teams/players performed well in PEC sports during the session.

A team accumulates points throughout the year through the following system:

**Points will be awarded as follows:**

|   | <b>Participation points</b> | <b>Contest Points</b>  | <b>Championship Points</b> |
|---|-----------------------------|------------------------|----------------------------|
| Team Sports                             | 2 points/player             | 10 points/win          | 50-30-15-5                 |
| Individual Sports/<br>Tournaments/Meets | 2 points/entry              | 5 points/win/<br>event | 25-15-10-5                 |

**Deductions:** In the event of a forfeit a team will receive a 10 point deduction. In the event of an ejection a team will receive a 10 point deduction.

**Note:** Only intra institutional competitions will be considered for awarding points to award an Overall General Championship Trophy.

Leagues/tournaments champions and position holders will be given Certificate of merit in each sport. A permanent trophy and plaque will be presented to the Points Champions Department at the conclusion of the academic year (the Department with the highest point total for the year). The plaque will be on permanent display in the Head of the Champion Department. A departmental team must participate in at least three (3) Sports to be eligible for the Points Championship Trophy.

### **How to Enter the PEC Sports Programmes**

Entry forms must be completed and returned to the PE & Sports Department of PEC before the entry deadline for each sport. No late entries will be permitted unless a team drops out of competition and there is an opening in a particular league/ competition. Entry forms and activity schedules may be picked up from the PE & Sports Department of PEC.

1. All team rosters must include **names, mother/father's names , Student Identity (ID) numbers, branch and phone numbers** of ALL team members including team captain and the Department/branch name.
2. Schedules will be available to all teams two working days after the mandatory team captains meeting. Schedules may be picked up in the PE & Sports Department of PEC. New names may be added to a team's roster in the PE & Sports Department of PEC between 9 a.m. and 4 p.m. Monday thru Friday.

## **Tournament Structure**

In major team sports a round robin format will be administered. The team with the best record will be the winner. In case of a two-way tie, head to head competition will decide the winner. If there are more than two teams tied for first in any league, each team will be awarded the same points. An open Playoff may be played dependent on the number of players/teams entered in a particular sport.

## **Eligibility**

1. All participants must be enrolled by PEC (Deemed University).
2. The Head of PE & Sports Department of PEC, in conjunction with the Student Secretary of Sports (Men and Women) will be final judge in all cases concerning eligibility.
3. The office of PE & Sports Department is not responsible for checking the eligibility of the participant unless specifically requested to do so by another team.

## **Penalties for Eligibility Violations**

1. Ineligible player – any person participating in Sports activity found to be ineligible shall be suspended of the remainder of that program's season.
2. Teams using ineligible player – any team using ineligible player shall forfeit all games in which the ineligible player participated.
3. Assumed name – a player competing under an assumed name shall be barred from competition for the remainder of the term.
4. Teams using a player playing under an assumed name – teams using the ineligible player shall forfeit all games in which the ineligible player participated.

## **Forfeits**

1. If a team or contestant fails to appear at the scheduled place within ten minutes of the scheduled time for a contest, the official may declare the contest forfeited to the team or contestant ready to play.
2. A team automatically forfeits any contest in which it uses an ineligible player, and the ineligible person is barred from competition in that sport for the rest of that season.

## **Postponements**

1. Contests may only be postponed by the Head of PE & Sports Department of PEC or a designated official.
2. Request for postponements must be filed **48 hours** prior to the scheduled time of the contest. The date for rescheduling postponed games will be determined by those involved and the PE & Sports Department Office.

3. The team desiring the postponement must contact its opponent and request agreement on postponement of the contest. If the opponent does not agree, the game's originally scheduled remains in effect.
4. If the opponent agrees to postpone the contest/game; the team desiring the postponement will obtain a postponement request from the PE & Sports department Office.
5. The team initiating the postponement then suggests available dates/time for rescheduling from the PE & Sports Department Office and secures its opponent's agreement (signature) for one of these periods.
6. Postponement request forms must be submitted to the PE & Sports Department Office a minimum of 48 hours in advance of the originally scheduled contest/game in order for the contest to be postponed.
7. Once a scheduled contest/game has been rescheduled it will not be charged.
8. Decisions pertaining to whether related postponements will be made after 3:00 p.m. of the day in question.

### **Defaults**

1. Teams that anticipate that they will not be able to field a team for a scheduled game/contest can call the PE & Sports Department 24 hours in advanced of the scheduled game/contest and receive a default. A default will be recorded as a loss rather than a forfeit.
2. Two defaults result in a forfeit
3. No points will be given for a default.

### **Protests**

Only protests based on questions of player eligibility and rules interpretation (when misinterpretation affects the outcome of the game) will be evaluated. Protests, which challenge the accuracy of an official's judgment, will be permitted.

The team captain must make any protest involving rule(s) interpretation to the official in charge within 15 minutes after the completion of the game in question. Once this 15 minute time period has passed, protest if any shall not be entertained at all. The protesting team must make sure the particulars of the play in question are noted on the

formal protest form (exact time of play, score, time remaining, situation). Protest Forms can only be filed by the team participating in the activity. All protest forms can be obtained from an official or in the PE & Sports Department office.

All decisions related to rules and eligibility will be made by the Head of PE & Sports Department of PEC or a designated official. **ALL DECISIONS SHALL BE FINAL.**

### **Student Employment Opportunities**

The PEC Sports Programme shall be in need of quality student officials. Student officials shall be an integral component of a well-rounded, successful program. Clinics will be offered to those who are interested in becoming employed by the programme under 'Earn While Learn Scheme'. If you are interested in becoming an official, referee, or any other position of employment offered through the PEC Sports Programme, contact PE & Sports Department of PEC.

### **PEC Health and Fitness Center**

The PEC Health and Fitness Center seeks to promote healthy living through an integrated, holistic wellness program offering comprehensive assessment, education and activity components to PEC students, staff /faculty and their family members. This facility, located within the PEC Gymnasium and houses an exercise center with cardiovascular and strength training equipments and assessment laboratory tools. The Center and its programming will provide an opportunity for development of optimal fitness and well – being. For more information, contact the Gym Trainer in the Gymnasium or the PE & Sports Department of PEC.

### **Professional Discretion**

The Head of PE & Sports Department of PEC will use professional discretion when necessary to make exceptions to these policies and guidelines.